

CAMP INFORMATION

Location of camp:

- Anglesea Discovery, 1535 Great Ocean Rd, Anglesea VIC.

Arrival Time:

- *11am*, we have lunch supplied for a 12pm sitting, unless you have contacted Jordan about why you may not make an 11am dropoff, please ensure you are aim to be at camp by 11am.

Transportation:

- All players are expected to find their own way to the camp in Anglesea.
- Feel free to carpool, as we cannot be sure of the amount of parking available.

Medication:

Is to come clearly labelled with:

- Your daughter's name.
- When the dose needs to be taken.
- What the medication is for?
- What Jordan needs to look out for (signs and/or symptoms).
- How much/many?

Please note: Even if your daughter doesn't take a medication regularly, but has required prescription or general medication in the past (hayfever, mosquito allergy, allergy to bandaids) please send them with anything and everything they may need, e.g. antihistamines, spray, creams, specific bandaids etc. It is best for Jordan as First Aider to be prepared for anything that could occur across the weekend.

Another reminder to send through any Asthma or allergy plans via email to repteams@geelongcentralnetballassociation.au

Meals:

- Although we have not been told what the main meals will be, if your daughters are fussy eaters, or have a limited palate, we strongly suggest you pack some food with your daughters that they will eat for in replace of main meals.
- If possible please ensure this food is nut free.

The attached documents:

- 1. *Outline for our weekend*, so you can follow along. Jordan will be sure to post lots of photos to our 'AVATARS (Parents)' group.
- 2. *Camp Packing List* This has been put together as a rough guise, please feel free to pack other items of clothing that you see necessary for your daughter/s.

If you have any further questions please do not hesitate to contact Jordan. Ph: 0400599082 Email: <u>repteams@geelongcentralnetballassociation.au</u>